

JUNIOR LEAGUE OF LANSING

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MISSION STATEMENT

Junior League of Lansing, Michigan is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Finance

Endowment *Every Member Drive* 25 for 25 (\$25 for 25 Years!)

Sue Mills, Sustainer; President Board of Trustees JLL Endowment Fund

As we learned in the August/September 2008 article in Focus, written so ably by Sustainer **Debby Harrison**, the Junior League of Lansing Endowment fund was the vision of Sustainer and Past President of the Junior League of Lansing, **Char Roe**.

But what is an endowment and why is an endowment important to a non-profit organization such as our Junior League? We often hear the word, “endow,” or the phrase “to endow,” or the word “endowment,” but in all honesty, the majority of society does not understand the exact meaning of endowment.

To “endow” means to give money or property so as to provide an income for the support of a college or a hospital or any other type of non-profit entity. That entity, in our case, is the Junior League of Lansing.

There is a key word that goes with endow and that word is “perpetuity.” “Perpetuity” comes from the word “perpetual” which means lasting or enduring forever. Money, placed in an endowment is there in perpetuity. In other words, money placed in an endowment fund is there forever. It is never spent. You might ask, if the money is placed in an endowment fund, and it is there forever and never spent, how does it help an organization?

Endowed funds are invested, and the hope is that they are invested well, and that they will grow and give a great return. With endowed funds, only the interest earned off the investment is spent. The principal, which is the money originally invested, is not touched.

When our JLL endowment was set up in May, 1984, it was decided that a pay-out of 5% of the balance of the fund at each year-end would be given to the League, but the fund would have to grow to \$50,000 before any tender would be returned to the League. The first tender, a check for \$2,000 was presented to the League in 1988, 20 years ago. And we have been doing it every year since.

This year, the Endowment Fund is around \$500,000 and we will present to the League a check for \$24,500 to be used, and I quote from the Trust Document, “to enrich and perpetuate the Junior League in its endeavors to promote volunteerism in the greater Lansing community in accordance with its tax-exempt activities.” In other words, the funds can be used however the League determines is best for the year in which they are given.

When I was an active in Junior League from 1964–1980, we raised funds one year and gave them all away the next. We had a re-sale shop which annually cleared several thousand dollars and in addition we held a major fundraiser. But it took a lot of volunteers to staff the thrift shop.

In the early 1980’s, the world was changing. Many of our members were seeking employment outside the home and the number of volunteer hours members had available to contribute to fundraising was shrinking. That is why it was so important to start an Endowment Fund. The Junior League of Lansing needed another source of annual income to invest in community projects.

Let’s look at the figures. In the Budget for this year of 2008–2009, JLL has budgeted for Community Outreach

- \$8,700 for FEAST (Food Education and Story Time Project)—the final year of this commitment
- \$3,000 for College Scholarships
- \$5,250 for Done in a Day Projects
- \$4,400 for Community Response Grants
- \$5,000 for Corporate Sponsorships
- \$1,000 for a Community Service Project
- \$100 for Done in a Meeting
- \$100 for Matching Grants
- \$250 New Member Projects

This totals \$27,800.

This year, 2008–2009, the Junior League Endowment will present a check to the League for \$24,500. I hope this points out to you the importance of the Endowment Fund. The League would not be able to

(continued next page)

Endowment *continued from page 1*

fund the number of community projects that it does, without the funds tendered to the League each year from the Endowment because the 5% from the Endowment just about covers the Community Outreach Budget each year.

So where do we go from here? In order to have more funds for community projects, we must grow the Endowment. We can do this in two ways.

FIRST—we must make certain that the funds are invested wisely and are supervised closely. We feel we are doing a good job with this.

- Our funds are managed by the trust department of Fifth Third Bank.
- We have an Endowment Board of Trustees elected by the JLL Board of Directors, made up of two community members, two sustainers and one active who meet quarterly with managers from the bank to review our investments.

Secondly—we must continue to grow the Endowment through contributions

- These need to be contributions from all members each and every year.
- This is not just a Sustainer thing.
- This is an every Junior League member responsibility.

Earlier I stated that the Junior League Endowment Trust papers were signed on May 14, 1984. This means that during this Junior League year we will be celebrating our 25th Anniversary of the Endowment.

Our theme is

Every Member Drive.....25 for 25 (\$25 for 25 years)

We are challenging every member of the Junior League of Lansing, New Member, Active, Sustainer, Non-Resident Active, Non-Resident Sustainer to give a minimum of \$25 to the Endowment Fund this year. And it doesn't just have to be \$25. It can be multiples of \$25.....say \$25 x 2 or \$50...or \$25 x 4 or \$100...or \$250 would be nice. \$2,500 would be even nicer!!

All members who contribute will be listed in Focus. We will also keep a running tally of the percentage of members who have contributed by the various categories of membership. We sustainers challenge you actives to beat us in attaining 100% participation.

All contributing members will also be recognized at our 25th Anniversary Celebration party which will culminate our year at the fabulous new home of sustainer **Marcia Horton Fink**, who was President of the Junior League the year the Endowment Fund was created. The party will be September 13, 2009.

Our original goal was to raise \$25,000 in honor of our 25th year. But I have exciting news. On September 8th we received a check for \$25,000 from **Char Roe** in honor of the 25th Anniversary of the Endowment. I immediately called Char in Florida to thank her and we had a wonderful time reminiscing about Junior League. After speaking with Char, and with **Mary West**, the other sustaining member on the Endowment Board and co-chair of the 25th Anniversary Celebration, our Fundraising Goal for the 25th Anniversary of the Endowment is now \$50,000. With Char's permission we will use her gift as a matching grant for the rest of the Junior League members' donations.

Join us in celebrating the vision of **Char Roe** and past members who created "A Legacy for League, A Legacy for Lansing" through the creation of the Junior League of Lansing Endowment Fund.

And please support the Endowment Fund with your gifts, so we can strengthen and broaden the impact of community service in the Greater Lansing community provided by the members of the Junior League of Lansing.

Junior League of Lansing

Endowment Fund

A Legacy for League.

A Legacy for Lansing.

1984 – 2009

25th Anniversary ***Every Member Drive***

\$25 for 25 years

**Let Us Continue to Build
Our Commitment
to the
Greater Lansing Community**

Our goal is to have every member of the
Junior League of Lansing
New Member, Active, Sustainer,
Non-Resident Active and Sustainer
contribute a minimum of \$25
to the Endowment Fund
as we celebrate our 25th Anniversary.

All donors will be recognized in upcoming
issues of Focus and at our year-end
Anniversary Party on September 13, 2009.
We hope to see your name listed in our
\$25 for 25 EVERY MEMBER Drive
in the next issue of Focus!

____ \$25 ____ \$250 ____ \$2,500 \$ ____ Other

Name (as you would like it to appear in the Focus)

Please make checks payable to the JLL Endowment and
identify it as **\$25 for 25 EVERY MEMBER Drive**
271 Woodland Pass Centre, Suite 115
East Lansing, MI 48823

JLL Email Addresses

Just a reminder to use these emails:

FOCUS

focus@jllansing.org

New Member Recruitment

membership@jllansing.org

Webmaster

webmaster@jllansing.org

Public Relations

publicrelations@jllansing.org

Signature Fundraiser

fundraiser@jllansing.org

JLL Office (Nancy Shepard)

office@jllansing.org

FOCUS is the newsletter of the Junior League of Lansing, published 9 times each year for the use of its members. Any inquiries regarding **FOCUS** may be directed to the office staff or the following address:

Junior League of Lansing

271 Woodland Pass Centre, Suite 115
East Lansing, MI 48823
517-324-3734
office@jllansing.org
Focus@jllansing.org

Junior League of Lansing, Michigan reaches out to women of all races, religions, and national origins who demonstrate an interest in and a commitment to voluntarism. The JLL strives in all endeavors to be sensitive to the special needs of our members and guests. If there is a special need, please notify the Education Vice President, Kate Quinn.

FOCUS accepts advertisements to help offset the publication costs. For advertising rates or to place an advertisement, please contact the Junior League of Lansing office.

FOCUS submissions are due by 5:00 p.m. on the Wednesday following each GMM. Email submissions should be sent to Focus@jllansing.org in Microsoft Word. Articles should include a title, author and author's placement. All photos should be digital and sent to the Focus email address with the word "photo" in the subject line. Photos must include a caption with the names of those pictured and the title of the accompanying article.

President's Message...

Amy Suhrheinrich, President



Voice

I'm sure many things come to your mind when you hear the word "voice." Lately, I keep saying "inside voices, please" as my children adjust to school. We are the loud family. In Junior League I think of voice as our ability to make change or improve community.

While in London late this summer, I had some time by myself. I put on my walking shoes, grabbed my backpack and Ipod, and headed out the door to Hyde Park. I found a great table, put on my tunes and pulled out my red book. For those of you who know me well, you are probably chuckling, for those who do not, it really was one of the few moments this summer I had time to take care of some editing. Ironically, I was sitting at Speaker's Corner and looking at the Bylaws relating to our advisor ratio.

Speaker's Corner is the spiritual home of the British democratic tradition of soapbox oratory. This freedom of speech dates back to 1872 and this is a place where all walks of life gather to listen to speeches about practically everything. The term "soapbox" originated here as you need to be elevated off the ground to participate in the activity. Now, I didn't have a box with me and the Junior League red book is not quite six inches thick (at least not yet) so I chose to listen rather than speak out about Food Education and Story Time or the need for trained volunteers. I did manage to edit a few pages and put a few thoughts down about our ability to listen to one another as listening is just as important as speaking.

Within our Lansing League, we can express our voice in many ways and I encourage you to do so. First, this fall you will meet with your advisor to give her feedback on specific questions and to voice any concerns/questions that you have regarding your placement. Second, at the September meeting you all had the opportunity to narrow the proposed Signature Project field down to two and vote on a Bylaw change lowering the ratio of members to advisors. Third, at the January GMM, all Active members will have the opportunity to participate in a pro con discussion about our two Signature Project candidates and to vote for your favorite. Fourth, in addition to voting privileges, each of you can bring forth changes to current bylaws and policies or propose new ones through your Chairs, Council Vice President and Board of Directors.

Furthermore, one voice that we sometimes forget about is our membership in the Association of Junior Leagues, International and our Michigan State Council affiliation. These are great resources and I encourage you to explore them further.

We need to educate the community using one voice; our Mission. I believe that it is essential for each of us to continually share what is important to us, as a Junior League, in order for our organization to continue to move forward. As you watched the "Women Building Better Communities" DVD at the September meeting, I hope you were energized and ready to go out and continue providing voice for those who do not have the same opportunities as us. Many times those with the softest voices have the most to say. While I continue to yell, "Inside voices" at home, I want to encourage all of the members, especially those with soft voices, to speak up and to live our Mission.

Warmest regards,

Amy

Sustaining Notes

Lynn Fiedler, Sustaining Advisor



The Junior League year has begun and what a fantastic start! Sustainer Sue Mills opened the September GMM with a presentation on the Endowment Fund and its 25th Anniversary. She began by describing the purpose and benefits of an endowment

and provided the history and evolution of the Junior League Endowment Fund. Sue eloquently related the Endowment's yearly contributions to League with the corresponding community impact. As the campaign for each member to donate \$25 in honor of the 25 years of the Endowment Fund was revealed, Sue announced Char Roe's matching gift of \$25,000. What a moment! Because of the vision and generosity of Char and all who contribute to the Endowment Fund, the Junior League of Lansing will continue to be dynamic women impacting lives. As one Active later told me, Sue's presentation brought a tear to her eye! (I was glad I wasn't the only one.)

The Sustainer Committee Meeting was held on September 10th. Jane Bitsicas, Lori Fuller, Donna Gardner, Nancy Sheldon, Joanie Stapleton, Barb Sukenik and I had a great time planning the year, especially a new event for the spring. In true Junior League fashion, a thought quickly became a well developed idea with plans in place for implementation. Thank you to all of you who weren't able to make it but volunteered to help – we will be calling! Here's an update on the events:

- **Sustainer Fall Luncheon—Wednesday October 15th**

This year's Luncheon will be at the Walnut Hills Country Club, beginning at 11:30 am. If you need a ride to the Luncheon, please contact the League Office at 324-3734. Look for your invitation in the mail.

- **Chicago Bus Trip—TBD**

With last year's trip such a great time, everyone is ecstatic to have Ginny Brooks and Kathy Colby organizing the trip again this year. You will hear more as the plans are finalized.

- **Holiday Party—Becky Myers' Home, East Lansing—Date TBD**

This is an event for both Sustainers and Actives. Lori Fuller and Jane Bitsicas agreed to help with this event. If you'd like to assist, please contact Lori and Jane.

- **Spring Event—Lori Fuller's Home, East Lansing—Date TBD**

Just planting the seed now! Watch for teas-ers about this new Sustainer event from Donna Gardner, Nancy Sheldon, and Barb Sukenik.

If you have any news or ideas you'd like to share, please feel free to contact me at 669-8141.



Communications Excited About Evites!

Tiana Hawver, Arrangements Committee



Okay, maybe you aren't as excited as I am. Maybe you aren't even sure what an Evite is. An Evite is an online invitation to an event. An e-mail notification will be sent to you about the Evite with a link to the invitation.

Each month leading up to the GMM, **Jill Story**, Arrangements Chair, will send out an Evite to the membership. The Evite will include the date, time and location of the meeting, a map to the location and a short note inviting the membership to the meeting. You are then given options through which to RSVP for the meeting, usually "yes," "no," or "maybe." You can also see who else has responded to the invitation.

If you are wondering why we are opting to use Evites instead of mailed invitations, let me explain. JLL is striving to become more environmentally friendly and more technologically savvy in its operations. By not sending paper invitations that will get thrown away, we are reducing our environmental impact. It also helps us to save money—no postage is needed for an Evite.

One thing that we do need from you moving forward is accurate information. If your email address has changed, please contact the JLL office with the new address. This will help us to make sure that everyone is getting the Evites. We also would like to know if you are not receiving the Evites so we can make any necessary corrections.

Over the next several months, you'll have an opportunity to get as excited as I am about Evites. If you have questions, you may contact **Jill Story, Bridget Seitz, Betsy Svanda, Maggie Terry** or me.

Let's Go to the Movies!

Join us for the November GMM
at the movies!

We'll have our meeting
then watch a movie.

More details to come...

Women with Vision

By Amy Suhrheinrich, President



The Junior League of Lansing is an organization of women committed to promoting voluntarism, developing the potential of women, and improving community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Your Board of Directors has been working hard through the summer months to complete the Annual Plan. With the help of the Leadership Team, we have written our Goals, Objectives and Action Plans. Please see the website for the complete plan. I would like to re-introduce you to the Board and provide the best way to reach each Board Member.

President Elect—Tracy Jelneck

jelneck@cablespeed.com home – 655-6319

Tracy transferred from the Junior League of Flint in 2003 and has been an Active member since 1997. She lives in Williamston with her husband David and their three children, Savannah, Brianna and Ethan. Her goal is to learn what she can do to help membership live the JLL Mission.

Secretary to the Board—Molly Chan

mollylchan@comcast.net home – 381-2410

Molly has been an Active member since 2003. She lives in Okemos with her husband Edward and their three children, Piper, Bella and Tyler. Her goal is to provide timely minutes and actively participate on the Planning Council.

Communications Vice President—Becky Paalman

bpaalman@nuwavepartners.com home – 646-5555

Becky has been an Active member since 2006. She lives in Dimondale with her husband Chad and their two children, CJ and Sydney. The Communication Council's goal this year is the utilization and improvement of the Junior League of Lansing's current technologies.

Community Vice President—Dawn Kroeger

burditt@yahoo.com home – 394-1736

Dawn has been an Active member since 2005. She lives in Haslett with her husband Andy and their daughter, Audrey. She will promote the work of Community Council to all of membership through Focus and the JLL website.

Education Vice President—Kate Quinn

kathrynquinn@yahoo.com home – 332-3361

Kate has been an Active member since 2005. She lives in East Lansing with her husband Brian and their two sons, Declan and Brody. She hopes to promote the Mission by developing the potential of women through many trainings.

Fund Development Vice President—Nicole Shumway

nshumway@biggby.com home – 749-7081

Nicole has been an Active member since 2002. During that time she was a non-resident Active while residing in Baltimore. She has since returned and lives in Lansing. She hopes to

increase the opportunities to connect with outside sponsors in the Greater Lansing community for Fundraising and Grant Writing efforts.

Membership Vice President—Renee Knake

reneeknake@yahoo.com home – 337-2954

Renee lives in East Lansing with her husband Jeff and their children, James and Grace. She transferred here from Charlottesville, VA in 2005 and has been an Active member since 2002. One goal of the Membership Council for this year is to increase member involvement and satisfaction.

Treasurer—Alex Wiesner

Alex@wiesner.com home – 333-0858

Alex lives in East Lansing with her husband Doug and their boys, Matthieu and Nicholas. She has been an Active member since 2004. A goal for this year is to educate membership about the budget and provide timely reports.

Sustaining Advisor—Lynn Fiedler

dave.fiedler@comcast.net home – 669-8141

Lynn lives in DeWitt with her husband Dave and their two college children, Patrick and Alex (Go State!). Lynn served as the President of the Junior League in the year 2002–2003. She will continue to keep Sustainers involved and support the current Board by providing historical perspective.

President—Amy Suhrheinrich

rsuhr@comcast.net home – 881-5429

I live in Okemos with my husband Rich and our two children, Madeline and Richard. I have been an Active member since 2002. My goal is to move our League forward by promoting the Mission and reaching our goals and objectives we set on the Annual Plan.

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Thurs 8am-5pm ~ Fri 7am-5pm

Two Finalists Selected for Next Signature Project

Polly Synk, Community Research & Project Development Chair



At the September GMM, the Community Research and Project Development Committee (CRPD) presented information about three great organizations in the Lansing area, and asked the membership to vote to narrow the choices down from three to two finalists, one of which will eventually be our next Signature Project.

Before we got to that tough decision, however, the CRPD committee had already done the equally tough job of going through all of the applications and letters of interest that came into JLL and selecting those that fit best within our mission and our resources for further consideration. I want to thank **Patty Black, Kimberly Garrison, and Beth Ann Whitaker** for their hard work in contacting organizations in the community and sitting down to discuss as a committee the pros and cons of each of the eligible proposals to determine which should be presented to the Board and eventually to the membership for consideration.

Of the many worthwhile proposals, those from Care Free Dental, DeepWater Transitional Project, and WKAR's Ready to Learn Service (RTL) were the three presented at the GMM. The proposed projects from each were very different—for Care Free Dental, free dental treatment to the parents of Head Start kids already treated at the Care Free clinic; for DeepWater, skills

workshops for single mothers trying to reach financial stability; and for WKAR's RTL Service, educational workshops for parents with their at-risk 4-year-olds to share methods for using television, books, and projects to address gaps in education and get the children ready to enter school. We were impressed by the attention that the members gave to this decision, and the excellent questions that helped clarify what JLL's role will be.

And, I didn't forget the results (I just wanted you to read the whole article!): in a very close vote, the membership selected **DeepWater** and **WKAR's RTL Service** as the finalists for the next Signature Project. Representatives from the two finalists will make in-person presentations at the October GMM, and the membership will have another opportunity to discuss the pros and cons of the proposals at the January GMM before voting. If you have any questions during this process regarding the proposals, please email me at psynk@rocketmail.com, and I will be happy to pass on your inquiry or otherwise ensure your questions are answered. Please put "JLL" or something about CRPD or the project in the subject line so I can try to keep your email out of the spam files.

Finally, I think all members should know that JLL was praised repeatedly by applicants for its efficiency as an organization and its ability to create positive change in the community through its powerful projects. That reputation is a credit to JLL members past and present, and a legacy that I know we will all strive to maintain.

September & October BIRTHDAYS

ACTIVES

Pace, Darcy	09/01
Drayton, Teagan	09/05
Brown, Kim	09/06
Riehl, Traci	09/06
SlobodnikStoll, Stacy	09/08
Henning, Heather	09/15
Billups, Andrea	09/17
Garrison, Kimberly	09/17
Lothamer, Amy	09/28
Gilkey, Heather	10/01
Menna, Marianne	10/06
Garrett, Lynn	10/08
Hughes, Samantha	10/08
Rigterink, Jennifer	10/08
Howe, Julie	10/12
Henderson, Hillary	10/13
Ezis, Whitney	10/14
Schnelker, Courtney	10/18
Sambaer, Melissa	10/23

Story, Jill

10/23

Knake, Renee

10/29

SUSTAINERS

Brede, Peggy	09/01
Hidlay, Molly	09/01
Wilkinson, Judy	09/01
Nakfoor, Carol	09/02
Medler, Janine	09/04
Bacon, Sue	09/05
Haas, Catherine	09/08
Peery, Virginia	09/08
Horton, Marcia	09/10
Boger, Carolyn	09/11
Hoagland, Carolyn	09/12
Knapp, Sarah	09/12
Willoughby, Carolyn	09/12
Faulhaber, Wendy	09/13
Costello, Betsy	09/14
Kahl, Janice	09/14

Noe, Karen

09/14

Sessions, Betsy

09/14

Barnes, Candy

09/17

Martin, Dorothy

09/17

Bens, Kathy

09/18

Campbell, Arylie

09/20

Gardner, Donna

09/20

Maguire, Claudia

09/21

Kotz, Barb

09/24

King, Annette

09/25

Hornbach, Catherine

09/26

Gadola, Preeti

09/27

Ramsby, Brenda

09/28

Larson, Marilyn

09/30

Hostetler, Lori

10/02

Korroch, Marian

10/05

Uecker, Amy

10/06

Sukenik, Barb

10/07

Beauchine-Kulka, B

10/09

Paxton, Shirley

10/09

Crippen, Susie

10/10

Dudley, Traci

10/10

Forbush, Krista

10/15

Spousta, Dottie

10/17

Wilson, Mary Jane

10/20

Austin, Mary Ann

10/22

Carr, Shary

10/22

Kregel, Suzanne

10/22

Clark, Barb

10/23

Tabler, Janie

10/23

Haley, Jamie

10/25

Marazita, Ellie

10/25

Vincent-Riemer, C

10/26

Kositcheck, Ruth

10/27

Rabideau, Elaine

10/27

Bullock, Marnie

10/28

Danigelis, Mea

10/28

Patterson, Susan

10/28

Kerwin, Cathy

10/31

Shanker, Margie

10/31

Back to School Time

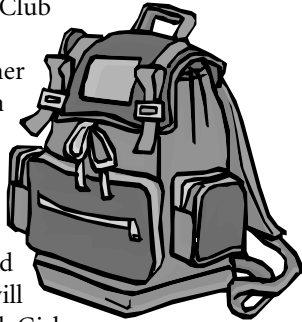
Kirsten Soltis, DIAD Back to School Backpacks Coordinator



It's back to school time, and for the Junior League that means it was time once again for our **Back to School Backpacks Project**. This DIAD Project was completed by nine wonderful JLL volunteers. Once again this year, we set out to purchase new backpacks filled with school supplies for the children of Ballentine Stepping Stones. Additionally, as Ballentine Stepping Stones had fewer children this year, we were very excited to be able to reach out and help another organization in the Lansing area—The Boys and Girls Club of Lansing.

We were able to put together backpacks for 18 children in total—all bright, colorful, and loaded with new supplies for school. When the coordinator for Ballentine Stepping Stones saw one backpack for a nine-year-old girl, she said "it's perfect, she will love it!" Patrice, at the Boys and Girls Club, was thrilled for the backpacks; as she said a number of their children don't have the opportunity for new school supplies on a yearly basis.

Thank you to **Jill Story, Kristen Pricco, Kate Quinn, Christie Lemon, Susan Lupo, Jessica Schaub, Amy Suhrheinrich, Beth Day, and Alex Weisner** for joining with the back-to-school shoppers and putting together such wonderful backpacks! These volunteers pulled everything together so smoothly in a short time. The backpacks looked great, and I am sure the children were very excited to head back to school with their new supplies.



A Fall FEAST

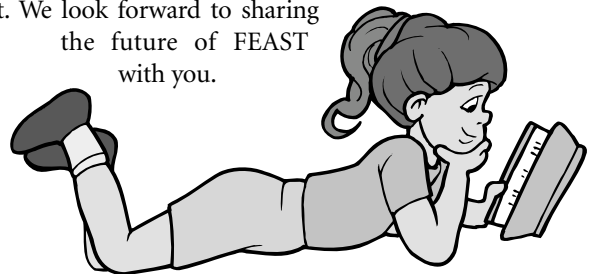
Ann Vogelsang, Signature Project Vice-Chair



Kids are back in school, we are starting our JLL year, and the FEAST Program is gearing up for a third terrific year. Our liaison at the Lansing schools has chosen which schools would most benefit from FEAST, and our first visit to the second grade classrooms will be in November.

Last year our reading list included: *How Are You Peeling*, *Chicken Soup with Rice*, *Stone Soup*, *Walter the Baker*, *Bread and Jam for Frances*, *Cloudy with a Chance of Meatballs*, and *How to Make an Apple Pie and See the World*. The Signature Project Committee will be selecting titles for 2008–2009 from past favorites and adding a few new titles. In addition to sharing the joy of reading, we will be serving fun, healthy snacks and sharing a nutrition quick tip of the month. We hope these snack ideas and tips for good eating will be shared by the children with their families when they go home, and their new books look a little less new as they become a well read part of family story time.

Have you visited the Lansing schools with us in the past, or would you like to see what FEAST is all about for the first time? We would love to have you join us. Contact Lisa Gnass at lisagnass@gmail.com or Ann Vogelsang at ann@vogelsangs.com. We can add you to our sub list, or you can tag along with us for one visit. We look forward to sharing the future of FEAST with you.



*The Junior League of Lansing extends sincere condolences to the family and friends of Sustaining member **Bernice "Bunny" Roe Smith** (Mrs. Olds) who passed away September 2, 2009. Bunny was actively involved in Junior League for nearly 60 years. JLL Sustainer Char Roe is Bunny's sister-in-law. She was a dedicated volunteer and philanthropist who generously supported numerous charitable organizations in the Greater Lansing Area. Bunny was honored on the 20th anniversary of the Endowment Fund for being its largest cumulative contributor. Bunny made a significant contribution to the fund every year. Her life long support of the JLL will be missed by all those who knew her.*

Becky Beauchine Kulka donates raffle prizes for "A Night in New York"

Traci Riehl and Collette Evangelista, Signature Fundraiser Chair and Vice Chair



Becky Beauchine Kulka partners with the Junior League of Lansing again this year to provide 3 fabulous shopping sprees as raffle prizes to support the

Signature Fundraiser, A Night in New York, on Saturday, November 15, 2008. First prize is a \$2500 Shopping Spree, second prize is a \$1000 Shopping Spree and third prize is a \$500 Shopping Spree all redeemable at Becky Beauchine Kulka in Okemos. Tickets will be available from the Signature Fundraiser Committee in early October.

The Signature Fundraiser Committee is seeking sponsors for "A Night in New York." Many of you may know that fund-raising is all about networking. Therefore, we are asking all you smart and

dynamic women to drum up two possible leads in the pursuit of corporate sponsorship for this year's fundraiser, "A Night in New York." Please send the following information to Colette or Traci to be included in a drawing:

Potential Sponsor's Name

Phone Number

Address

Contact Name

How you know them

Why we should approach them

In addition, event tickets will be available for purchase at the October GMM. Bring your checkbook or credit card to secure your participation in this fun evening! On behalf of the entire Signature Fundraiser Committee, we can't wait to see you there!

Community

DIAM has a Great Kickoff!

Julie Urbain, DIAD/DIAM Vice Chair



This year's Done in a Meeting recipient list contains two new organizations, in an effort to reach further into the community and allow members to learn about other organizations JLL has opportunities to serve.

September's meeting saw one of our new recipients, Expectant Parents Organization (EPO), on the list. EPO is a nonprofit organization serving families in the Mid-Michigan area by providing parents with pregnancy, childbirth and parenting information. They are an affiliate of Sparrow Hospital and a partner agency with the Capital Area United Way, serving over 4,800 people per year.

Thank you to the JLL membership, whose generous donations included 7 packages of diapers, 6 books of stamps and \$106 in cash donations. The cash donations will be used to purchase sleepsacks and more postage stamps for EPO. Of all active members present at the September GMM, approximately 44% participated in the Done in a Meeting project. This was a great start to the JLL year.

Next month, at the October GMM, we will be collecting pocket tissues, combs of various sizes, travel deodorant and Tums for the Otto Community Health Center. For future meetings, we hope to have a table available and encourage members to make any donations prior to the start of the meeting. Thank you.

\$25 for 25 Years - Every Member Drive

Sustainer Contributions

(as of 09/10/2008)

\$25.00

Carolyn Boger
Linda Dansby
Marilyn DesJardins
Caryn Edwards
Wendy Faulhaber
Donna M. Gardner

\$50.00

Lynn Fiedler
Nancy Shepard

\$250.00

Sue Mills
Mary & Ken West

\$25,000.00

Char Roe

Active Contributions

(as of 09/10/2008)

\$25.00

Molly Chan
Elizabeth Goebel
Christie Lemon
Susan Lupo
Suzanne Johnson
Lori Noyer
Nancy Nyquist
Nicki Proulx
Pam Ruth
Jennifer K. Schick
Alexandra Wiesner

\$30.00

Jaimie Hutchison

\$50.00

Mrs. Bethe Day
Michelle Thompson

\$100.00

David & Tracy Jelneck

\$25 for 25 Years - Every Member Drive

Fall Interview Time!

Nancy Nyquist, Nominating/Placement Advisor



I know the League year has just started, but it is almost time for Fall Interviews. In the near future, your advisor will be contacting you to schedule your Fall Interview. This interview is a requirement for all active members and you also earn valuable points (see article in this Focus) by completing the interview. All of the advisors appreciate your time and look forward to meeting with you and sharing your league experiences and ideas that you may have. This interview is very important for several reasons. First, we want to make sure you are having a great year and know of any concerns you may have. Second, your Nominating/Placement Team already has Slating Day 2008 on their calendars and want to make sure your JLL "wish list" is known so we have a great slate to present to the Board in December and then to the general membership for voting in January. Finally, it is fun to get together, chat and share ideas. See you soon!!

Fall 2008 Interview Questions

Your advisor will be contacting you soon to schedule your Fall Interview. This face-to-face interview is a requirement for all Active members. The interview is a great opportunity to let leadership know how your experience in League is going, and how we can make it better.

In addition to the interview, your advisor will be going over your "Wish List" for next year. Although some of you may think, "The year just started! Isn't it a little early to think about next year's placement?" Well, not really. Your advisor needs to understand where you are headed in League, and what your goals are. This is also our opportunity to find out who may be interested in leadership positions for next year. The Board, Nominating/Placement Advisors and New Member Advisors are all slated in December and are voted on in January. Soon thereafter, all of the Chairs/Co-Chairs/Vice Chairs are chosen. If you are at all interested in any of the above-mentioned positions, we need to know, whether it is for the upcoming year or the future. (Please note: You are required to chair a committee prior to serving on the Board.) So, please take the time to look over the following questions so that you are prepared when you and your advisor meet. Thank you for your time and effort—it is most appreciated.

1. What has your experience with League been like?
 - a. What positions have you held?
 - b. What did you most enjoy? Why?
 - c. What did you least enjoy? Why?

Note: These responses will help complete your individual placement profile and assist your advisor in making certain you're on track to achieve your goals within League.
2. What goals do you have for yourself within League/ what do you hope to get out of your League experience?
3. The Nominating/Placement committee will soon begin the process of seating the 2009–10 JLL Board, as well as next year's Nominating/Placement advisors and New Member advisors.

- a. Would you be interested in a Board position? An advisor position?
- b. Are you aware of the self-submission process for leadership team positions?
- c. Are there any individuals you would like to recommend for leadership team positions?
4. How is your placement going?
 - a. Do you feel you are informed about and involved in what your committee is doing?
 - b. Are there any responsibilities with your placement that you were unaware of and/or unhappy with? If so, how can your advisor help?
 - c. Has the time commitment been what you expected?
 - d. What is the best thing about your placement?
5. Would you be willing to have your name placed on a substitute list for DIAD or Signature Project or Community Service? (Note: all Signature Project volunteers must undergo a mandated background check prior to any classroom involvement.)
6. Are you aware of the upcoming MSC training opportunities? Are you aware that these opportunities are open (free of charge) to all League members?
7. How often do you use the website? What features do you use the most? What additional features do you wish it had? If you don't currently use the website—do you know how to login?
8. Did you find it helpful to hear about the Endowment Fund from our September GMM speaker Sue Mills?"



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Membership New Member Recruitment

Shelley Davis Mielock, New Member Recruitment Chair



There was a great turnout at the Mimosas in the Morning New Member informational social at Bella Blu II. Thanks so much to **Michelle Thelen** for letting us hold it at her awesome new Old Town location! Fourteen guests attended to find out more about the Junior League of Lansing and four of them have since joined. After a warm welcome by Michelle, **Renee Knake** (with the help of her children James and Grace) spoke to the group about her JL experience.

Thank you to JLL members **Christina Williams, Alex Wiesner, Beth Cook, Thuy Pham, Kate Quinn, Kate Powers, Becky Paalman, Gabe Johnson** and Sustainer, **Kathy Bens** for attending this event.

Our final recruitment event will be a Coffee and Sweets Sampling held at Capital Honda on Tuesday, September 23 from 7–8 PM. If you or someone you know is interested in attending please RSVP to me at shelmielock@comcast.net, 517.333.8808 or Facebook users can register for the event on our Junior League events page. If you know someone who is interested in joining JLL and they have been unable to attend any of the events please forward their contact information to me and I will send them the information packet.

Membership Know Your Membership Points

Amy Sue Melville, Nominating Placement Advisor



Why are membership placement points established?

Membership points are tracked to allow the Nominating Placement Committee a concrete way to distinguish between members that may be interested in the same placement position for the following year. The placement of members takes place every April and in the event that there are multiple members in hopes for the same placement, the total point value is reviewed to prioritize members that should be granted that placement position due to having the higher point value.

Where can I find more information on membership points?

A detailed description involving each point value can be found in the red book labeled 8.5 Membership Placement Points within the policy section. (pg. 20)

What should I do if I can't attend a meeting?

ALWAYS CALL! Call your advisor so you can get a 1 point for acknowledging your absence. Add your advisors phone number to your cell so they can be easily accessible to you, especially in those times you may need it the most!

Who keeps track of my points?

Your advisor keeps a running tally of your points throughout the year. If you are ever interested in the number of points you have, contact your advisor.

Do any points carry over from the previous year?

NO! Everyone starts fresh with a clean slate each year!

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General Membership Meeting Minutes

May 14, 2008 • Country Club of Lansing

- I. **Amy Suhrheinrich**, President called meeting to order at 7:00 p.m.
- II. **Amy Suhrheinrich**, President introduced the first year actives and transfer members to JLL and welcomed them to their first voting meeting. Welcome new members!
- III. **Amy Suhrheinrich**, President reminded the membership not to speak to reporters regarding political opinions due to our non-profit status.
- IV. **Amy Suhrheinrich**, President asked for changes to the May 13, 2008 GMM minutes. No changes noted. Amy Suhrheinrich, President requested a motion to accept minutes. Kate Quinn, Education Vice President moved to accept the minutes, Jamie Hutchinson seconded. Motion carried.
- V. **Amy Suhrheinrich**, President spoke briefly regarding the JLL Endowment Fund and how fortunate we are to have an Endowment Fund. Sue Mills, Endowment Chair was introduced to speak to membership regarding the Endowment Fund and its significant anniversary. Sue Mills, Endowment Board Chair spoke to Membership about the Endowment Fund 25th Anniversary. Sue Mills wanted the membership to understand how endowments can be the key to survival of non-profits during hard economic times. Sue Mills, Endowment Board Chair challenged the active members to contribute \$25.00 for the \$25 for 25 years campaign. The Sustainers will also be challenged to contribute and it will be seen who attains 100% participation first. Sue Mills, Endowment Board Chair shared exciting news with the membership that Char Roe, Sustainer has generously donated \$25,000 to the JLL Endowment Fund in honor of the 25 year anniversary.
- VI. **Julie Urbain**, DIAD Vice Chair was introduced to discuss DIAM. It was discussed that a new procedure for DIAM was implemented. At each GMM, the DIAM committee will announce total of cash and items donated for tracking purposes.
- VII. **Kate Quinn**, Education Vice President was introduced by Amy Suhrheinrich, President. Kate Quinn, Education Vice President directed the membership to the magnets distributed with the year's meeting dates, times and location. The magnets and evites are being used in lieu of paper invitations for some of the meetings. Kate Quinn, Education Vice President introduced Amanda Lake, Training Chair to discuss MSC Training opportunities. The MSC training is free and is for all Junior League members in the State of Michigan. The MSC training is September 27, 2008 at the Hannah Center. Please email Amanda Lake if you will be attending.
- VIII. **Amy Suhrheinrich**, President introduced the Women Building Better Communities video shown at Annual Conference. The video was shown to the GMM.
- IX. **Amy Suhrheinrich**, President reminded membership there will be a get together at Troppo's after the meeting. She also reminded membership to email the office with any back page items to be included on the agenda.
- X. **Alex Wiesner**, Treasurer gave the Treasurer's Report. Chairs and Vice Chairs were directed to familiarize themselves with their line items to stay within budget. Alex Wiesner, Treasurer introduced Nicki Proulx, Treasurer Elect to discuss check requests. Nicki Proulx, Treasurer Elect informed membership that check request forms can be found on the website. Check requests are picked up on the 5th and 20th of the month. It then takes 10 days to process the checks and distribution. Nicki Proulx, Treasurer Elect reminded members that Chairs or Vice Chairs are required to sign the check requests; however, they can email Nicki Proulx with their authorization. Paper receipts are required for reimbursement. JLL tax exempt forms are on the website and we do not reimburse for taxes.
- XI. **Dawn Kroeger**, Community VP discussed Community Sponsorship grants and Community Response Grants which will be discussed more at next meeting. It was informed that JLL gave Sparrow Women Working Wonders \$1500.
- XII. **Amy Suhrheinrich**, President informed membership we will have a straw voted on the CRPD. She then introduced Tracy Jelneck, President Elect to discuss the CRPD process and finalists. Tracy Jelneck, President Elect discussed our current Community Service Project, FEAST, and that we will be choosing a new Signature Project this year. Tracy Jelneck, President Elect introduced Polly Synk, CRPD Chair to discuss the Community Research and Project Developments being considered. Polly Synk discussed all three projects in alphabetical order: Care Free Dental, Deep Water Transitional, and WKAR Ready to Learn. Each project was discussed in detail by Polly Synk, CRPD Chair. Membership was given an opportunity to ask questions. Questions re: Deep Water Transition Project. Can the mentoring take place at night and on weekends? Yes. Are they ok with us not providing as many mentors but participating largely in the workshops? Yes. Questions regarding all three projects. Will the projects survive if JLL funding decreases in years to follow? Yes. All three projects will take less money than requested. Questions regarding Ready to Learn. Is this an expansion of a program that already exists? Is there already funding for this program? Yes, this is an expansion. The program exists but without JLL dollars, the expansion will not exist. Who are we serving? We are reaching the Michigan School Readiness Program to at risk 4 year olds in the Lansing School District. There are factors you must meet to participate. Polly Synk will send out the eligibility factors by email to membership. Tracy Jelneck moved to extend time for five

continued on page 12

GMM Meeting Minutes *continued from page 11*

minutes. Nancy Nyquist seconded. Motion carried. Polly Synk was congratulated for the excellent presentation and organization of materials to the membership. Tracy Jelneck, President Elect reminded membership to concentrate on the project itself and how it will affect the community, and not the dollar amounts. Straw Ballot vote taken and membership narrowed projects to Deep Water Transitional Program and WKAR Ready to Learn Program who will present at the October meeting.

XIII. **Amy Sue Melville** and **Nancy Nyquist**, Nominating Placement presented a skit regarding membership placement points. Membership points are tracked to allow Nominating Placement committee to distinguish between members who are seeking the same placements. The member with the highest point value gets the placement. The point values are in Policy Section, p. 20 in the Redbook. Call your advisor if you cannot come to the meeting. Nominating Placement Advisors keep a running total of your points throughout the year.

XIV. **Renee Knake**, Membership VP asked membership to view the orange ballot attached to the agenda. The Board is asking the membership to approve a change to Article IX Section 2b submitted by Nominating Placement. The change reads... There shall be at least one committee member for every 20 Active members. The Board shall approve any change in the number of committee members... Renee Knake moved to accept the change. Suzanne Johnson seconded. No discussion. Motion carried.

XV. **Shelly Mielock**, Chair introduced and thanked the Member Recruitment members. Shelly Mielock informed membership that after two events, we have seven new provisionals signed up. There will be another event on September 23rd at Capitol Honda. Please email Shelly Mielock with any names you may have for prospective members. New member retreat is on October 11, 2008. Active members are encouraged to attend new member events.

XVI. **Suzanne Johnson**, Chair directed members to the Junior Pal form attached to agenda and encouraged members to participate. There will be a welcome back wine and cheese social on September 25, 2008 at Suzanne Johnson's house. All members are encouraged to attend. Kudos went to Kirsten Soltis recognized for her countless hours with the Back to School Back Packs and Katie Gallagher for her magnificent assistance with the changes to the red book. Congratulations, Ladies! There will be a Witches and Warlocks party at Dusty's on October 28, 2008. It will be \$8.00 per person or \$14.00 per couple. Please come!

XVII. **Nicole Shumway**, Fund Development VP introduced Tracy Riehl and Collette Evangelista to discuss the Signature Fundraiser. The Fundraiser is on November 17, 2008 at Lansing Country Club beginning at 8:00 p.m. There will be gambling, live auction, dancing, and other events. Becky Beauchine Kulka has generously donated a total of over \$4,000 in raffle items! Thanks, Becky! Tickets can be purchased tonight and will be mailed to you. Membership was asked for the following help: buy tickets at GMM to be entered into a drawing for a CABi certifi-

cate; bring friends; sell raffle tickets. Members can find their commitment requirements in the Red Book. Traci Riehl recognized and thanked the committee for all their help. Collette Evangelista discussed corporate sponsorship and asked membership to help draw in corporate sponsors. A broadcast email will be sent out regarding how you can help with corporate sponsors. Corporate sponsorship packets can be found online and at the JLL office. Amy Suhrheinrich briefly discussed membership commitment to the Fundraiser. If you cannot meet your commitment, you need to contact Nicole Shumway by September 16, 2008 to discuss how JLL can help you.

XVIII. **Rebecca Paalman**, Communications VP discussed the evites being used for GMMs. We are using evites to save money and to "Go Green!" She asked for feedback from membership on how they like the use of evites. Even with evites, we are asking you to continue to decline to your advisor and to respond yes or no on the website. In conjunction with going green, next meeting there will be a sign up sheet for receiving Focus by email. Please sign up if you would like to receive Focus by email. Rebecca Paalman demonstrated what Facebook is and all the great things you can do with Facebook.

XIX. **Julie Urbain** directed membership to the bubble page attached to the agenda which lists the DIAM items for each meeting.

XX. **Kate Powers** moved to adjourn, Samantha Hughes seconded. Motion carried. Adjourned at 8:52.



Respectfully submitted,
Molly Chan
Board Secretary

Planning Board Meeting Highlights

The minutes in their entirety are published on the JLL Website

July 15, 2008

- New Member Recruitment Facebook page is up and running.
- Sponsor fee for the GMMs will be \$100.00 per meeting.
- Focus advertising rates were increased.
- JLL will sponsor a booth at the Healthy and Fit Expo
- Evite invitations will be utilized by Arrangements for October–April GMMs.

August 5, 2008

- Agenda for Leadership Team Training topics established.
- Treasurer is working on the closing of the fiscal year.
- 2008–2009 Strategic and Annual Plan approved.
- Arrangements will apply for credit card and internal policies will be written to distribute to credit card holders.

Molly Chan, Secretary

Membership Member Relations

Suzanne Johnson, Member Relations Chair



Fall Greetings!
Member Relations
will be having a Witches
and Warlocks Party
Tuesday October 28th
at Dusty's Bordeaux

Room at 7pm. Please join your fellow
League members and their spouses
for a "spooktacular" evening!
Witches and Warlock attire sug-
gested but not mandatory. Cost for the
event is \$8.00/person or \$14.00/couple. Please make checks
payable to: JLL by October 14th. Send to:

Suzanne Johnson
2056 Timberview Dr.
Okemos, MI 48864

This month's KUDOS awards went to: **Kirsten Soltis** and **Katie Gallagher**. Kirsten was nominated for the countless hours that she put in on organizing the Back to School Backpacks. Due to changes and transition happening at the Ballentine's Stepping Stones program, there were only a few children at the home at the current time to provide supplies for, so Kirsten made sure that we could connect with another community agency to provide backpacks. She was thorough in investigating what would be the best organization to support. Throughout all of this she made sure that volunteers were in the loop and the backpacks were collected and distributed on time, even making a personal stop at a members home who was in a time crunch to pick up a backpack. Katie was nominated for her role in organizing and updating the red book. Katie stepped into this role during the summer when many members were on vacation, but despite this setback, she was able to get the red book out in time for distribution at the September GMM

Just a friendly reminder that Junior Pal forms need to be turned in by September 23, 2008. If you were unable to attend the September GMM and would like to participate in Junior Pal, please email me at :ssscjohnson@sbcglobal.net and I'll get a form to you. Junior Pal assignments will be mailed to you on October 1, 2008.



Membership Membership Council Updates

Renee Knake, Membership Vice President



New Addition to Membership

We are pleased to announce that **Cecilia Borema** has transferred her membership from the Junior League of Ann Arbor. Cecilia will be serving on the Signature Fundraiser committee. Welcome Cecilia!

GMM RSVP Reminder—Please Contact Your Advisor

Beginning with the October General Membership Meeting we are asking members to RSVP to their advisors instead of the Junior League office if you will not be able to attend. We are hoping this will help increase communication between membership and advisors.

Support Signature Fundraiser

Sign up to volunteer on night of event

Refer potential sponsors

Purchase your tickets prior to the event

Purchase your BBKaffle tickets now

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Dear Jill,

It's no big deal if I miss a couple of committee meetings, right? I'm only a volunteer...do they really expect me to do "homework"?

Signed,

Quinn Questioning

Dear Quinn,

I'm really glad you wrote me. It seems to be a common misperception that if someone volunteers to do something (as opposed to getting paid to do something), they don't really have to do it. When you joined the Junior League, you made a commitment to fulfill certain obligations and, depending on your placement, attending committee meetings may be a very large part of that obligation. And yes, sometimes homework is involved.

However, we all lead very busy lives and things come up from time to time — you may have to miss a meeting or two. The key here is to communicate with the chair or vice chair of your committee. If you can't make it to a meeting or need help with something you've been asked to do, let them know right away. They are willing to work with you, but you have to let them know what's going on.

Missing meetings or not following through on a "homework" assignment becomes a serious issue when there is no communication and could result in the member being asked to resign from League. This is covered in detail under Policy 8.6 — Inadequate Placement Fulfillment on page 21 of your Redbook.

Quinn, if you still have questions about this, please contact your committee chair or your advisor.

Sincerely,

Jill

NEXT FOCUS DEADLINE

Wednesday, October 15, 2008 • 5 pm

All articles must be sent in Microsoft word with Times New Roman 12 pt font. Email all articles as attachments to Focus@jllansing.org

Membership Changes

- (A) **Borema, Cecilia**
Email: ceciliialyne@yahoo.com
- (S) **Gardner, Donna**
Delete ALL work information
- (A) **Terry, Maggie**
Email: Maggie.Terry@RaymondJames.com
- (S) **Smith, Bernice (Bunny)**
Deceased 09/02/2008
- (S) **Overholt, Frances**
5050 Country Drive (not 4040)
Okemos, MI 48864
- (A) **Gregory, Kimberly**
New work info: Owner, Posh Events
W Ph: 517-214-6754
W Email: kim@poshevents.uc

AJLI Information

Visit the AJLI website (ajli.org)

- Check out the Resource section in the Members Only Area to find helpful downloads and printed materials already created to assist with your committee work! These resources are grouped into three primary categories: Improved Community, Organizational Capacity and Strong Membership Base; then by Subcategory and Subject Area. New items are added frequently, so check back often.
- Find out what other Leagues are doing and link to those Leagues.
- You can download handouts and information from the Conferences you were unable to attend.

Congratulations

to Katie and Sean Gallagher on the birth of their first child, Conor Raymond Gallagher. He arrived at 2:39 a.m. on his due date, September 10, 2008.



Sparrow Women Working Wonders 5K/OK Race – Junior League of Lansing Volunteers Were There!

Kristen M. Pricco, DIAD, Sparrow Women Working Wonders 5K/OK Coordinator



On Sunday, September 7th, 2008, Hawk Island Park was home to the Sparrow Women Working Wonders 5K/OK Race. The morning started out cloudy and rainy, however, the spirits of the Junior League Volunteers got all the event participants pumped up and moving! By the time the race commenced at 10:30am, the clouds were breaking, the sun was starting to shine, and walkers and runners were taking their mark!

A huge and heartfelt thank you goes to all the lovely ladies who took time out of their Sunday morning to help me out with this event. My hat is off to: **Valarie Green, Kim Gregory, Samantha Griggs, Tiana Hawver, Dawn Kroeger, Ann McHenry, Deb Robinson, Jessica Schaub, and Nicole Schuppner!**

I'm very proud of all the above named ladies who went above and beyond the call of duty to help with this event.

We helped Sparrow Foundation Volunteers move picnic tables out from under a shelter to make room for the OK Revitalize services. In addition, Junior League Volunteers set-up, organized and ran the Registration Tent, assisted participants in the OK Revitalize pavilion, handed out water to thirsty runners and walkers at water stations along the race route, and collected race bibs from runners and walkers at the finish line to give to the time statistician at the end of race.

In addition to JLL members volunteering at this event, there were also some familiar faces participating in the race. A couple League members we saw at check-in and come across the finish line were our President, **Amy Suhrheinrich** and her daughter, Maddie and our Treasurer, **Alex Wiesner** (Alex has a personal tie to this event, see below!).

The race included a 5K Run/Walk event and an OK Revitalize event. The OK Revitalize portion of the day allowed race participants to participate in health and wellness services such as massage therapy, reflexology, fitness advice, chiropractic assessment, nutritional counseling, and health information and screenings. These services were provided by area salons, athletic clubs, and Sparrow Health System.

Of course, what would an event be without a little nosh! WolfsDen Catering provided a delicious breakfast for hungry walkers and runners after the race!

The purpose of the race, presented by the Women Working Wonders

Alex Wiesner and her Mom, Virginia Hilbert.

committee and the Michigan State University Women's Basketball Team, was to raise funds to purchase a new, state-of-the-art, Micro Selection HDR V2 for the Sparrow Regional Cancer Center. This piece of equipment will allow physicians to offer stage one breast cancer patients an alternate treatment to external radiation. The equipment will also reduce the length of treatments in some cases from 5 weeks to 5 days.

Junior League Treasurer, **Alex Wiesner** has a lot of personal history tied to this event. Her mother, Virginia Hilbert created and founded the Sparrow Women Working Wonders committee to raise money and awareness at Sparrow Hospital for women's issues. Junior League Sustainer and Past JLL President, **Deb**

Atkinson, was the director of fund development for the committee. Alex's mother asked Alex to be the Race Director and create a race because she formerly played tennis at MSU and ran a lot of tennis tournaments. Alex did some research and with the help of Playmakers and the Sparrow Women Working Wonders committee, the race was born! The OK part of the event was formed per Deb Atkinson's suggestion. She knew her husband ran races where they offered massages and wellness services from local businesses.

The MSU Women's Basketball Team came on board after the Sparrow Women Working Wonders combined their 5K/OK Race with the team's training run.

In closing, I would also like to extend my gratitude to veteran League members who gave me some guidance in getting this project started. Thank you to: **Dawn Kroeger, Kirsten Soltis, and Alex Wiesner** for your advice and help!

It was a pleasure to serve the Junior League of Lansing and Sparrow Foundation by coordinating the JLL volunteers for the Sparrow Women Working Wonders 5K/OK Race. I look forward to working on future events!



Michigan State Women's Basketball Team



JLL members hard at work.



Event Chair and JLL Sustainer Deb Atkinson with Suzy Merchant, the MSU Women's Basketball Coach and Honorary Chair of the event.



Spartan taking the runners through a warmup.

Calendar of Events

October

- October 14 OPS Meeting at 6pm
(required for Leadership)
- October 14 GMM at 7pm Hannah Community Center
DIAM: Tums, pocket tissues, combs, travel deodorant for Otto Community Health Center
- October 15 Sustainer Fall Luncheon
- October 28 Witches & Warlocks Party

November

- November 11 GMM—Movie Night
DIAM: Feminine hygiene products, toilet paper, CATA bus tokens for Women's Center of Greater Lansing
- November 15 Signature Fundraiser

Let's Do Lunch!!!

Annual Fall Sustainer Luncheon

Wednesday, October 15th, 2008

11:30 am – 1pm

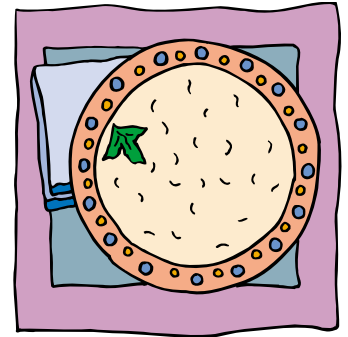
Walnut Hills Country Club

RSVP for lunch with a \$17 check (payable to JLL) by Monday, October 6th to:

Lynn Fiedler
11810 Silverspring Drive
DeWitt, Michigan 48820

If you need a ride to the Luncheon, please call the League Office at 324-3734

Questions?
Call Lynn at 669-8141



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