



JUNIOR LEAGUE OF LANSING
Women building better communities®

FOR IMMEDIATE RELEASE

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MEDIA ADVISORY

Kids into the kitchen teaches healthy, active living
Biggest Loser's Mike Morelli, local health professionals to share fit tips

What: Sixth annual Kids in the Kitchen event presented by the Junior League of Lansing and funded by a grant from Jackson National Life. This free event is open to any Lansing-area student age 9-14.

When: Saturday, April 2 from 1-4 p.m.

Where: St. Casimir Catholic Church
815 Sparrow Ave. in Lansing

Who: Mike Morelli, runner up of NBC's *The Biggest Loser*, Season 7
Elise Krieger and Justin McKinstry fitness trainers, Michigan State University Club
Chef Jason Keusch, Troppo restaurant
Jamie Rahrig, RD, Michigan Nutrition Network and Michigan Fitness Foundation

Why: Junior Leagues' *Kids in the Kitchen* initiative, which is supported by The Association of Junior Leagues International, Inc. and its member Leagues, is to empower youth to make healthy lifestyle choices and help reverse the growth of childhood obesity and its associated health issues.

Photo Opportunity:
Mike Morelli will be attending the event from 1-2 p.m. All participating children will have signed photo releases.

*Junior League of Lansing 1231 Michigan Avenue, Suite 204 East Lansing, MI 48823 www.jllansing.org
The Junior League of Lansing, Michigan is a non-profit organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.*